## Understanding & Harnessing Group Dynamics

The purpose of this workshop is to equip non-profit organisations & volunteers to understand the effect group dynamics have on meetings

## What will I learn?

Understanding group dynamics

Identifying the effects groups dynamics have on meeting

Communications
skills on committees
/boards / groups

Building rapport with committees /boards / groups

Balancing the task & the needs of the com./board / groups and the individual recognition of the individuals

Developing confidence when working with committees /boards / groups

Yorkshop
3.5 contact
hours

Total Lotal Pocus can be run in house

Suitable for volunteers committee / board members & employees

Contact details

training@totalfocus.ie www.totalfocus.ie 085 735 4446

Total Focus